

"We are committed to being a leader in Texas for the provision of evidence-based, quality behavioral healthcare for children, adolescents, adults, senior adults, and families in a caring and safe environment."

## **CEDAR CREST HOSPITAL**

3500 SOUTH IH-35. BELTON, TEXAS 76513

ADMISSIONS: (254) 939-4021 | (866) 543-7779

WWW.CEDARCRESTHOSPITAL.COM



#### **CEDAR CLINIC**

3106 South W.S. Young Dr., Suite B-201 Killeen, Texas 76542 (254) 519-4162 | Fax: (254) 519-3464 www.BCACedarClinic.com



## **CEDAR CREST HOSPITAL & RTC**

3500 South IH-35 Belton. Texas 76513

(254) 939-2100 | (866) 543-7779 Fax: (254) 939-2334

www.CedarCrestHospital.com



A BEHAVIORAL HEALTHCARE SYSTEM



# **MILITARY SERVICES**



COMPREHENSIVE BEHAVIORAL HEALTHCARE FOR MILITARY PERSONNEL, VETERANS, & THEIR FAMILIES

# SERVING THE NEEDS OF THOSE WHO SERVE OUR COUNTRY



Together, Cedar Crest Hospital and Residential Treatment Center (RTC) and Cedar Crest Clinic provide a full range of behavioral and substance abuse services for warriors, veterans, retirees, and their families from all branches of the United States military.

Located in Central Texas, we are part of the community that is home to the largest military installation in the world. For 25 years, our staff and programs have been helping military personnel and their families cope with the unique stresses that arise from military deployment, including:

- Family Separation
- Anxiety & Adjustment Disorders
- Combat Stress/ PTSD

- Grief & Loss
- Substance Abuse
- Depression
- Behavioral Disorders

The professionals at Cedar Crest Clinic and Cedar Crest Hospital offer keen insight and understanding into these and other concerns, and provide a range of treatment modalities designed to improve the quality of life for patients and families. We are proud to have a number of prior military behavioral professionals on staff who deeply understand the complexities of military life and service.

Cedar Crest Hospital does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services, and activities, or in employment. For further information about this policy, contact: Director of Quality / Risk Management at (254-939-2100) or TDD/ State relay number 711.

#### **OUR SERVICES**



# Outpatient Psychiatric Evaluation & Treatment (Adults, Senior Adults, Adolescents, & Children)

Located near the military base in Killeen, Texas, Cedar Crest Clinic provides easy access for military personnel and families, and is just 20 minutes away from Cedar Crest Hospital and RTC in Belton. Behavioral health specialists at Cedar Clinic provide psychiatric evaluations, individual and family therapy, and medication management, and provide referrals to acute care facilities if necessary.

### Inpatient Hospitalization

#### (Adults, Senior Adults, Adolescents & Children)

Cedar Crest Hospital provides psychiatric intensive care to stabilize an immediate crisis, and help provide the patient and his or her family with skills to prevent crisis situations.

### **LEGACY Chemical Dependency Treatment (Adults)**

Employs a variety of therapeutic approaches and research-based modalities to help individuals reclaim their lives from harmful dependency on alcohol and other mood-altering drugs.

## Co-occurring Disorders (Adults, Adolescents, & Children)

An integrated combined therapies program that treats both chemical dependency and psychiatric illness.

### **OUR SERVICES (CONTINUED)**



# Partial Hospitalization Program (Children & Adolescents)

Sometimes referred to as day treatment, partial hospitalization is for patients who are able to return home on evenings and weekends.

#### **Residential Treatment (Adolescents)**

Intensive short-term and longer-term treatment in a 24-hour setting. A multidisciplinary team of psychiatrists, psychologists, social workers, therapists, dietitians, nurses, and teachers provides a comprehensive treatment plan to help young people successfully manage the multiple pressures they face in today's society, and make the healthy choices that lead to positive interactions with their family and community.

- Military-Specific Issues Groups
- Therapeutic Activities
- · Individual, Group, & Family Therapy
- Cognitive Behavioral Therapy
- Medication Management



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